**Hair**

**Women:**
- Long hair must be in a bun and pinned away from the neck and face.
- Short hair must be neatly trimmed and groomed.

**Men:**
- Hair must be short and neatly cut without designs, braids, ponytails, Mohawks or buns.
- Facial hair must be minimal and neatly groomed.

**Ballet Attire**

- **Leotard:** white or black
- **Tights (must cover the feet):** pink for women; black for men
- **Ballet and Pointe Shoes:** pink for women; black for men
- **Leg warmers:** close fitting pink or black only
- **Skirts (women):** short, sheer skirts permitted at instructor's discretion

**Modern & Horton Attire**

- **Leotard:** white or black
- **Tights:** black - must stop at the ankle
- **Leg warmers:** close fitting black knitted leg warmers only

**Electives:**

- **Tap:** Tap shoes are required for tap classes
- **Jazz:** Jazz shoes, sneakers or flexible jazz boots
- **Hip Hop:** Black sweat-pants; white t-shirt; black sneakers;
- **Yoga and Gyrokinesis:** Yoga mat required
- **Body Conditioning:** Yoga mat and two Therabands (one light; one heavy) required

**Undergarments**

- **Women:**
  - Nude bra and nude thong
  - Black boy shorts and nude boy shorts *(not too short!)*
  - Flesh tone ballet shoes

- **Men:**
  - Black and tan dance belts
  - Black, white, and flesh tone tank tops
  - Flesh tone ballet shoes

**General Attire & Hygiene Guidelines** – applies to ALL Professional Division students

- No sweat pants, plastic pants, shorts, big shirts, head scarves, dangling jewelry, facial rings, earrings or nail polish on men.
- Tattoos must be covered with make-up for all performances, studio showings, and lecture demonstrations.
- Dance-wear should be washed daily.
- Men must wear dance belts in all classes and rehearsals.
- Women’s undergarments must be neatly concealed under dance clothes. Underarm hair must be shaved.
- Men must be clean shaven for all performances

**Bloch**

SINCE 1932

Preferred Dancewear of The Ailey School