

THE AILEY SCHOOL HEALTH RESOURCES LIST

**Please call location before visiting for their updated Services, Cost,
Schedule times and Locations.**

MEDICAL GROUPS, CLINICS, AND WALK-IN FACILITIES

This first section offers resources on alternatives to private doctors and medical practitioners
at low costs

Duane Reade Walk-In Medical Care

The following **Duane Reade** locations have walk-in medical services. Most insurance is accepted. Non-insured patients receive a small discount on their regular fees. Toll Free number: (888) 535-6963
Website: www.drwalkin.com for info on services and locations offered.

Murray Hill / Midtown East
155 East 34th Street @ 3rd Ave.
Hours: Mon-Sat 10am-6pm
Sun - Closed

Upper East Side
125 E. 86th Street (at Lexington Ave.)
Hours: Mon-Fri 11am-7pm
Sat 9am-5pm / Sun - Closed

Times Square Area
1627 Broadway (at 50th St.)
Hours: Mon-Sat 8am-8pm
Sun 10am-6pm

Herald Square
1350 Broadway (at 35th St.)
Hours: Mon-Sat 10am-6pm
Sun - Closed

City MD Walk-In Urgent Care

City MD is New York's premier urgent care practice, with convenient locations across the City and without the need for an appointment or referral. Most major insurance accepted. For Insured patients, pay only your standard copay. Non-insured patients pay only \$125 for regular visit. For General Inquiries: 212-772-3627 or you can email us at info@citymd.net
Website: www.citymd.net for more information on services and locations offered.

Upper East Side Urgent Care
336 East 86th Street
New York, NY 10028
(212) 772 - 3627

Upper West Side Urgent Care
2465 Broadway
New York, NY 10025
(212) 721 - 2111

Columbus Circle Urgent Care
315 West 57th Street (between 9th and 8th Ave.)
New York, NY 10019
(212) 315 - 2330

Flatiron District Urgent Care
37 West 23rd Street
New York, NY 10010
(646) 596 - 9267

AMG Medical Group

AMG Medical Group offers monthly membership plans for different levels of medical services. Plans start at \$49 per month. Several locations offer services such as, medical, office-based surgical care, gynecological care, pediatrics, lab work, imaging, and physical therapy. Eighty percent of emergency visits can be taken care of in their facilities. Urgent care is available during office hours and on weekends at certain locations.

Brooklyn, Bay Ridge
408 77th Street at 4th Avenue,
Brooklyn, NY 11209
Phone: (718) 238-2040
Fax: (718) 238-1397

Monday: 9AM - 5PM
Tuesday: 11AM - 7PM
Wed.- Fri.: 9AM - 5PM

Manhattan, Mid-Town
535 8th Avenue
PM
(At 37th-St. 6th Fl.)
NY, New York 10018
Phone: (646) 473-0870
Fax: (646) 473-0123

Monday: 9 AM - 7 PM
Tues.- Fri.: 9 AM - 5
Sat.- Sun.: 9 AM - 3

Queens, Kew Gardens
80-02 Kew Gardens Road
Kew Gardens, NY 11415
Phone: (718) 896-2920
Fax: (718) 896-0509

Monday- Tuesday: 9AM - 5PM
Wednesday: 11AM - 7PM
Thursday- Friday: 9AM - 5PM

Bronx
2826 Westchester Ave.
Suite 204/ Bronx, NY 10461
Phone: (718) 823-1489
Fax: (718) 823-1574

Monday- Friday: 9AM - 5PM

PRIVATE MEDICAL PRACTITIONERS AND HOSPITALS

The following is a list of private practitioners and hospitals by category.

Acupuncturists

Turning Point Acupuncturists
E. Shane Hoffman, DAOM, LAc
(212)-489-5038
www.nycacupuncture.com

Teresa Palazzo, MS, LAc
(917) 715-1857
tp@underpinningstcm.com
www.underpinningstcm.com
**this practitioner offers reduced fees*

Pacific College of Oriental Medicine
915 Broadway 3rd floor
New York, NY 10010
(212)-982-3456
http://www.pacificcollege.edu/contact_us/index.html
**this clinic offers reduced fees*

Delight Acupuncture
Xaoling Shang, L.A.c
315 West 57th St., suite 302
New York, NY 10019
(212) 265-2052
delightacu@gmail.com

Chiropractors

**All chiropractors work regularly with dancers*

Howard R. Adelglass DC
614 Second Ave.
New York, NY 10016
(212) 725-6122

Roy Siegal DC
8 West 65th St.
New York, NY 10023
(212)-769-8911

Better Health Chiropractic, P.C.; Alex Eingorn DC
825 7th Ave.
New York, NY 10019
(212)-956-5920
www.dreingorn.com

Loren Marks DC
233 West 72nd St.
New York, NY
(212)-877-3777

Richard Klein DC
515 Madison Ave., 6th fl.
New York, NY 10022
(212)-713-0180

Richard Nunziata DC
2 West 86 St. 7th Floor
New York, NY 10024
(212)-496-2110

Ronald Levine DC
928 Broadway #804
New York, NY 10010
(212) 420-0572

Stephen F. Oswald DC
80 Fifth Ave. Suite 1205
New York, NY 10011
(212) 924-2121

Simpson Chiropractic & Physical Rehabilitation - Dr. David Simpson
415 West 57th Street Apartment B
New York, NY 10019
(212)-246-0030 / (212)-246-1088 (fax)
drdsimpson@earthlink.com / <http://dsimpson.chiroweb.com>

Dentists

John Holbrook DDS
111 West 57th Street Room 1012
New York, NY 10013
(212) 582-0123

Joseph Levy DDS
120 Central Park South #1
New York, NY 10019
(212) 582-5808
**this clinic offers reduced fees*

Columbia University Dental Clinic
Columbia University Medical Center
Vanderbilt Clinic
622 West 168 Street (Broadway) 7th floor
New York, NY
(212) 305-6726
<http://dental.columbia.edu/patients/sdosclinics.html>
**this clinic offers reduced fees*

NYU College of Dentistry Clinic
345 East 24 Street/ 1st Avenue
New York, NY 10010
(212) 998-9800
<http://www.nyu.edu/dental/patientinfo/index.html>
**this clinic offers reduced fees*

Emergencies	General Health
<p>The nearest <u>Hospital Emergency Room</u> is at Mount Sinai West (Used to be St. Luke's Roosevelt Hospital), 10000 10th Avenue, NY, NY 10019 (on West 59th Street), 212-523-4000.</p> <p>Note: In the event of fires, medical emergencies requiring an ambulance, or for other life-threatening situations, dial 911</p>	<p>Miller Institute Katherine & Gilbert Miller Health Care Institute for Performing Artists 172 Amsterdam #2F New York, NY</p>
Gynecologists/ Obstetricians	
<p>Michelle Warren MD Columbia Presbyterian Eastside 134 East 73 Street New York, NY 10021 (212) 737-4664</p>	<p>Columbia Presbyterian Medical Center 622 West 168 Street PH16-126 New York, NY 10032 (212) 326-8548 www.center-for-menopause.com</p>
<p>Rebecca A. DuPont MD 408 East 76 Street New York, NY 10021 (212) 249-0900</p>	<p>Planned Parenthood Women's Health Services Multiple Locations in the 5 boroughs www.plannedparenthood.org</p>
Masseurs	
<p>Dana Hash-Campbell LMT PhysioArts 230 West 38th St. New York, NY 10018 dhcmassage@gmail.com (212) 997-7490 <i>*former AAADT company member</i></p>	<p>Terry Rose LMT 8 Spring Street New York, NY 10012 (212) 226-0520 <i>*works with dancers</i></p>
<p>Michael Alicia 121 West 27th Street Suite 305 New York, NY 10001 (212) 229-1529 www.massagespacenyc.com</p>	<p>Peter Vaillencourt LMT 1841 Broadway 11th Floor (212) 977-8894 <i>*Works with dancers, also offers semi-private Pilates classes</i></p>
Mental Health Services and Counseling	
<p>Fieve Clinical Services 952 5th Avenue, Suite 7B New York, NY 10021 (212) 772-3570 www.depression-md.com www.fieveclinical.com</p>	<p>Washington Square Institution for Psychotherapy and Mental Health 41-51 East 11th Street New York, NY 10003 (212) 477-2600 www.wsi.org / info@wsi.org</p>
<p>Institute for Contemporary Psychotherapy 1841 Broadway 4th Floor New York, NY 10023 (212) -333-3444 www.icpnyc.org</p>	<p>Mental Health Association Referral Service (212) 254-0333</p>
Nutritionists	
<p>Catherine Petrillo, R.N 202 Sixth Avenue New York, NY 10013 (212) 925-6612</p>	<p>Marie Scioscia Licensed Clinical Nutritionist sciosciam@aol.com</p>
<p>Jackie Storm, Nutritionist/ Health Educator 26 East 13 Street Apartment 3C New York, NY 10003 (212) 787-0050</p>	
Ophthalmologists	
<p>Michael B. Starr MD 1165 Park Avenue New York, NY 10128 (212)-289-1955</p>	<p>Ruth Weichsel MD 820 Park Avenue New York, NY 10021 (212)-861-6638</p>

Orthopedists

<p style="text-align: center;">Phillip Bauman MD 345 West 58th Street New York, NY 10019 (212) 765-2260</p> <p><i>*Dr. Hamilton's partner. Specializes in dancer's hip, knee and foot injuries. Affiliated with Roosevelt Hospital.</i></p>	<p style="text-align: center;">Donald Rose MD 1095 Park Avenue New York, NY 10021 (212) 427-7750</p> <p><i>*Specializes in dancer's knee and shoulder injuries. Ailey company orthopedist, Director of Harkness Center and affiliated with Hospital for Joint Disease.</i></p>
<p style="text-align: center;">William Hamilton MD* 343 58th Street New York, NY 10019 (212) 765-2262</p> <p><i>*Company orthopedist for ABT & NYCB. Specializes in dancer's hip, knee & foot injuries. Affiliated with Roosevelt Hospital.</i></p>	<p style="text-align: center;">David Weiss MD 530 1st Avenue Suite 5D New York, NY 10016 (212) 263-7743 or (212) 319-6500</p> <p><i>*Specializes in dancer's injuries. Affiliated with NYU Medical Center and Harkness Center.</i></p>
<p style="text-align: center;">Harkness Center for Dance Injuries Hospital for Joint Disease 301 East 17th Street New York, NY 10003 (212) 598-6022</p> <p><i>*Appointments only.</i></p>	<p style="text-align: center;">Emergency Dance Injury "I" Care/ Hospital for Joint Disease 301 East 17th Street (212) 598-6000</p> <p><i>*This is like an emergency room for orthopedic injuries-orthopedists are always on call. Less of a wait than regular emergency rooms.</i></p>

Osteopath & Physiatrist

<p style="text-align: center;">George Kessler DO 165 West End Avenue New York, NY 10023 (212) 877-7043</p>	<p style="text-align: center;">Lillie Rosenthal DO Katherine & Gilbert Miller Health Care Institute for Performing Artists 172 Amsterdam #2F, New York, NY (212) 496-4700</p>
<p>Alex Simotas, MD - Hospital for Special Surgery (212) 606-1879 <i>*Specializes in backs</i></p>	

Podiatrists

<p style="text-align: center;">Lewis Galli DPM 25 Central Park West New York, NY 10023 (212) 262-4588</p>	<p style="text-align: center;">Terry Spilken DPM 30 East 40th Street New York, NY 10017 (212) 686-6605</p>
<p>Thomas Novella DPM 343 West 58th Street New York, NY 10019 (212) 506-0242 <i>*Specializes in foot injuries</i></p>	

Physical Therapists and Body Work

<p style="text-align: center;">Shaw Bronner PT, PhD, OCS Director of Physical Therapy Services at Alvin Ailey (212) 405-9073 or (718) -246-6377</p> <p><i>*Specializes in dance injuries and dance research</i></p>	<p style="text-align: center;">Marika Molnar PT Westside Dance Physical Therapy 53 Columbus Avenue Suite 4 New York, NY 10023 (212) 541-8450</p> <p><i>*Specializes in dance injuries</i></p>
<p style="text-align: center;">Jennifer Green PT - PhysioArts 230 West 41st Street (7-8 Avenue), Suite 1807 New York, NY 10036 (212) 997-7490</p> <p><i>* Specializes in dance injuries</i></p>	<p style="text-align: center;">Sheyi Ojofeitimi PT Physical Therapist at Alvin Ailey (212) 405-9073 or (718) 246-6379</p> <p><i>*Specializes in dance injuries and dance research</i></p>

Disclaimer: The Ailey School Health-Care Resource Listings are offered as a general reference guide to The Ailey School community. Being on the list does not in any way suggest The Ailey School's or Alvin Ailey Dance Foundation, Inc.'s endorsement or preference for any particular individual or group on the list. The Ailey School does not guarantee the accuracy of the listings. The information included in the listings is general information, education, and use by students and their parents and is not specific medical advice.